#### **PRAYERS OF HEALING & STRENGTH**

Prayer for	Submitted by	<b>Prayer for</b>	Submitted by
Leslie Sagedahl	D Sagedahl	Diana Adkins	B Hennen
Eva Klase	T Kadelbach	Joyce Lindgren	S Alton
Jean Stadtherr	A Boen		
Alvina Beckman	S Grasmon		

Paraguay Missionaries – The Kevin and Rebekah Howell family Bolivia Missionaries – Paul and Jay Mikaelson

#### PRAYERS OF THANKSGIVING

Gentle winding down of summer!

Sun	Worship	9am	
Mon	Library reserved	6-8pm	SAVE THE DATE
Tues	Men's Bible Study	6:15, 7am	COMING
	Assemble the Follower	1pm	TID
Thurs	Worship	6:30pm	OF
Sat	Baptism (Adamski -2)	11:00am	1
Sun	Worship	9am	

Laurie is out of the office Tues-Fri, Aug 26-29. Pastor and Chelsey will be in and out, please leave messages on their extensions. Laurie will check her email periodically.

September 1	Office closed – holiday
September 3	Confirmation for 8 <sup>th</sup> and 9 <sup>th</sup> graders and parents
September 7	Rally Day
September 7	Council meeting at 7pm
September 10	First Communion Class at 3:15
September 10	WOW starts
Sept 12,13, 14	Faith 5 with Rich Melheim

Communion - Sept. 7 and 21

#### AUGUST VOLUNTEERS

Communion 9:00 - N Johnson Altar Guild S Larson, A Dietirch, S Iverson Ushers 9:00 - J Jandl, C Sather, W Stucke, D Revier

Thank Youi

#### SEPTEMBER VOLUNTEERS

Communion 8:30 – S Whited 10:30 – A Thompson Altar Guild M Klinghagen, B Wertish Ushers 8:30 - M/J Grund, D Gross, B Slagter 10:30 - D Senger, D Steffel

# Family Comedy Night

(and pillow fight!)

# Saturday, Sept. 13, 6:30-8 PM

Cross of Calvary Lutheran, 1103 W Chestnut Ave. Olivia, MN Find out more at www.faith5.org FREE

You can have a stronger family in just 5 minutes a night! All parents AND kids in town are invited to this fun family event. It'll be ½ stand-up comedy, 12% practical parenting advice, and 100% JUST PLAIN FUN!! Bring a pillow for the pillow fight following the event and learn about the neurology, psychology, sociology and theology of combining exercise and fun with maximum results.



Seriously, bring a pillow!



#### For Parents of Young Children

What would it be worth to you to have a teenager who some day wouldn't go to sleep without talking to you about their day? Praying with you? Blessing you? Would it be worth 5 minutes? Tonight? Every night?

#### For Parents of Pre-Teens

What would happen to your family over time if you were able to keep this open, caring communication going every night throughout adolescence?

#### For Parents of Teenagers

How might 5 minutes of conversation change a family if they were intentional and consistent? Would the benefits outweigh the hassle of trying to invest this time of care, listening and prayers?

Dr. Rich? Faith 5? Check out a 3-minute YouTube video introducing the concept and practice of Faith 5. https://www.youtube.com/watch?v=vHdzCKxNSkM&list=PLzpF0aITVimA4DPiCA0Q0wk6adXanMQ\_G&index=4



# FAITH 5 for the Adult Body & Brain

# Friday, Sept. 12, from 7pm-9pm Cross of Calvary Lutheran Church 1103 W Chestnut Ave, Olivia

- Specially designed for <u>ADULTS of all ages</u> singles, couples without kids, empty nesters, widowed and couples that want to be "kid free" for just a bit (child care provided).
- · Learn about the neurology/physiology of stress and how to stay healthy in body, mind and spirit.
- Discover how to begin sharing and praying together, at all stages of adulthood, even if it may feel out
  of your comfort zone.
- Be guided into a living, loving, learning, serving faith family who meets every week at church and includes each other's highs and lows every night in prayer?



# An Invitation to Go Deeper

(Parents, Pastors, Council, Youth and Family Leaders, Teachers, etc.)

What would happen to your church five years from today if the majority of your households were doing active listening, scripture, faith talk, prayer and blessings every night?



# **FAITH5 Leadership Training**

Saturday, Sept. 13 1 - 5 PM Train your team together at Cross of Calvary Lutheran 1103 W Chestnut Ave. Olivia, MN

Kick off the fall in a powerful way with your teachers and teams. Join Dr. Rich Melheim, creator of FAITH5 and author of "Holding Your Family Together" for an afternoon of exploring how this simple nightly ritual can transform your church one family at a time. In four hours Rich will give you step-by-step strategies to involve parents in family ministry from cradle to graduation. "We're looking for people with a passion for redesigning family ministry into families DOING ministry," says Rich. "Every week in every church

#### Members of Cross of Calvary attend for <u>FREE</u>. Please let Laurie know to expect you... 320-522-1199 crossofcalvary@gmail.com

- 1:00 Rethinking Family Ministry as Families DOING Ministry every night in every home
- 2:30 Parenting, Family Development and the FAITH 5
- 3:00 Children's Ministry and the FAITH 5
- 4:00 Creating Cross+Gen Family Worship with FAITH 5
- 4:45 Getting Started (A plan to get you going this fall)



#### Volunteer ... Honey-Do List

The church has a variety of maintenance and repair jobs to keep up with throughout the year. Do you have the know-how, the tools, the time? Check with Laurie if you'd like to volunteer:

- Install a countertop in the Sacristy
- Install balcony glass walls
- Stain and varnish interior of two Altar area windows

If you notice something that may need to be added to the *Honey-Do* list, let Laurie know about it. Please include your name on the request, so clarifying questions may be asked and/or additional information shared.

# Worship and Bulletins

The <u>order of worship</u> is the larger, white handout. Please return it after Saturday 5:30 and Sunday 8:30 services for use at later services.

The <u>bulletin</u> (announcements) is the smaller, colored handout. Please take just one per family.

Why?

- The order of service can be printed any time before the deadline for the bulletin.
- Printing goes more quickly.
- Less wear on the printer.
- Less paper, less ink, less energy = greener!

#### CHECK THE COMMUNITY BOARD - East Entrance

(take-home fliers often available)



- Grace Community Church outdoor barbecue on Saturday, September13, beginning at 4:30 PM, meal at 5:00. 2510 W. Lincoln Ave., Olivia.
- Renville County Senior Expo is September 23 at the Bird Island Ballroom

## --General Reminders-

- New Members are welcomed anytime. Contact Pastor or Laurie.
- Contact the office when needing to borrow anything from church.
- The FOLLOWER and weekly bulletin are available at crossofcalvary.net.
- The Faithful 15 is a weekly, 15-minute podcast available on our website and on iTunes.
- The order of service is available in large print at the display rack
- We are no longer accepting used printer or toner cartridges.
- Coffee Hour and Altar Flowers sign-up on the board

#### Flowers for the Altar?

- Choose a date and sign up on the Board.
- Call/email the office to indicate what you'd like in the bulletin in celebration of, in honor of, in memory of. Note: without a designation, no reference will be printed.
- Have flowers delivered by 4pm on Saturday (Thursday in the summer).

#### Adding loved ones to the Prayer & Praise Lists:

- Please gain permission.
- Please contact Laurie ... even if you have mentioned it to Pastor.
- Names will remain on the list for a maximum of one month.
- Names for the Follower must be submitted before the deadline date.

**Note to all Sunday volunteers:** As a courtesy to all those who volunteer alongside you, please try to find a fill-in whenever you are unable to be at church to serve as an usher, reader, acolyte or to serve communion.

### **The Threshing Floor**

#### Ruth 3:1-18

**Key Verses:** "[Boaz said,] 'My daughter, do not be afraid, I will do for you all that you ask, for all the assembly of my people know that you are a worthy woman." Ruth 3:11

Time: Story: (before 1000 BCE); Written: (400-300 BCE)

**Background:** Ruth met Boaz on the threshing floor, where they likely consummated their relationship. The threshing floor was a large circular area of earth or stone where the grain was separated from the chaff. First the sheaves of grain were trampled or ground with oxen or sticks to break open the sheaves. Then the grain and chaff mixture was tossed into the air, where the wind would blow the lighter chaff to one side, leaving the grain to fall straight to the ground. It was hard work, and at the end of a hard day's work, the men would celebrate with food and drink, and then sleep near the grain. When Ruth came to Boaz it was clear that she was seeking for him to become her husband. He could have damaged her reputation by rejecting or exposing her. Instead, he agreed to marry her, thereby protecting her and offering security for her and Naomi.

**Community:** How do the roles of women and men differ in your community? Which roles promote healthy community? Which do not?

**At Home:** Have you done something you wouldn't normally do to secure a greater good? How did it feel? What would you do the next time?

#### Read This Week:

Monday, Aug 25, Ruth 3:1-5, *Ruth and Boaz at the Threshing Floor* Tuesday, Aug 26, Ruth 3:6-7, *Ruth and Boaz at the Threshing Floor* Wednesday, Aug 27, Ruth 3:8-9, *Ruth and Boaz at the Threshing Floor* Thursday, Aug 28, Ruth 3:10-13, *Ruth and Boaz at the Threshing Floor* Friday, Aug 29, Ruth 3:14-15, *Ruth and Boaz at the Threshing Floor* 

#### - Welcome to Worship at Cross of Calvary -

Cross of Calvary is the ELCA church in town. We are an intergenerational (fancy word for young and old) community that follows Jesus out the building to where we live. We are all learners (disciples) here. This is a safe place to practice worship. And, believe us, it takes practice. Your questions, critical thinking, doubts and imperfect lives are welcome here. No matter your status in society (young, old, never-been-to-church, conservative, liberal, married, divorced, single, cranky, questioning, allergic-to-church...) you'll fit right in. Welcome!

Participation -

- Bold type means all of us read or pray together. Out loud.
- Regular type means the pastor or leader reads. Out loud.
- Italic type is meant to highlight helpful instructions.

Announcements – Prior to worship, please hand a note to Pastor with any announcements, including prayer requests.

Prayer requests for the Bulletin – Please fill out a request card and drop it in the offering plate to ensure your request gets to the office.

Bathrooms – They are located in the hallway to the left of the stairs.

Exit Strategy – Nervous to stand in line and talk to the pastor? Just introverted enough that you'd like to slip away? Ok. Slip out the side door. No one will be offended, really. We hope you met someone today, but not at the risk of fleeing in fright from too much attention.

#### Who to see, ask, share -

- Matt Hausken, Pastor
- Chelsey Plumley, Minister of Faith Formation
- Laurie Schultze, Office Administrator

This week's worship team Sunday: Leader – Pastor Matt

Musician – Casey Berg

We are part of the Evangelical Lutheran Church in America



#### Cross of Calvary Lutheran Church – ELCA Pastor Matt Hausken

1103 W Chestnut Ave Olivia MN 56277 crossofcalvary.net <u>crossofcalvary@gmail.com</u> 320-523-1574 Worship Thursday 6:30pm Sunday 9:00am



Mon – Thurs Fri – Sun 8:30-7:00 8:30 – 2:00

